

IRENE KOURSOUNBAS

20/11/1973 London, England

psychologist-writer

A brief cv

UK

1990-1993

BA Psychology

Richmond University

Surrey

1993-1995

Certificate in Counseling and Psychotherapy

Regent's College

1994-1995

The Place To Be

Placement -Practice, Tavistock supervision.

GREECE

1987-1990 studied sketching

1996 - today

***Private practice in Athens, registered to the
greek psychological society.***

1995-1996

Trained in psychosynthesis, and Art therapy.

1996-2004

Trained in the International Psychoanalytic Association

Trained and became a member in Group and Family Therapy in Greece

2004-2013

Trained in tai-yi energy healing work.

Meditation and emphasized in releasing beliefs.

2014

(UK)

***Trained in Vortex Healing
Basic Course***

Work Experience

Have worked in hospitals in Athens and in Psychoanalytic Centers from 1996-1998 to gain experience.

From 1998-2004 I worked and slowly became the Head of the Psychological Department in a Center in Maroussi.

From 2004 until now I am committed to evolve and free myself from limiting beliefs both for myself and for my patients.

I have appeared on two psychoanalytic conferences as a speaker , appeared on national greek Tv twice, and wrote articles to many psychoanalytic magazines, until I changed and I wrote in an alternative one. I worked both individually and in groups, doing workshops and meditation, from 2004- till now. I also do workshops in Nicosia Cyprus.

5/1/2013

I moved with my daughter Gaea , 8, in Forest Row , East Sussex, to enjoy a community alternative life, nature and a good alternative school.

Here I wrote three books.

Two in greek, a novel and a 365 Diary, and an English one called We Are The Ones We Have Been Waiting For.

All three are now in the process of being published. (2/2015)

We Are the Ones is by Balboa Press a division of Hay House publishing.

